

TIDINGS OF TRINITY

There are two kinds of hunger. There is physical hunger which can be satisfied with food, and there is a spiritual hunger which physical food and drink can never satisfy. A person can be as rich as Midas, capable of buying any luxury that money can buy; and yet have a haunting hunger, a dissatisfaction and a sense of incompleteness that cannot be satisfied by any physical food or fun. Life is not just food and fun. The richest can be the poorest if they do not know that; and the poorest can be the richest if they do know that.

Jesus knew that the real hunger, beneath all our hungers and desires, is the hunger for God. When we deny that hunger for God, or attempt to satisfy it with false and empty substitutes, we end up with only a proud self-righteousness. And something inside of us dies.

Please, do not fill your life with “selfish desires” only to discover how empty and restless you are. Fill your life with the power of God. Fill your life with the purpose and the presence of God.

There is a story about a hippopotamus, an owl, and a butterfly. It appears that the hippo had fallen in love with a butterfly—an affair which, I think you will agree, poses certain practical problems. But the hippo, determined to pursue his beloved, sought the advice of a wise old owl. “Well,” said the owl, “in order to win your beloved, you must become a butterfly, and you should do so soon.” The hippo was delighted with this idea, and happily crashed back into the jungle ... only to return a short time later looking very puzzled. “So,” he said to the owl, “how do I go about becoming a butterfly?” To which the wise old owl replied, “Hey, I set policy. I don't do the work.”

The Bible sets the policy for us to experience God and His Love for us—we must do the work that is involved in satisfying all of our real needs. God will lead us in the direction we should be taking; however, only we can follow the path He sets for us to follow. Always follow your Lord.

Pastor Jaster

A HEARTFELT THANKS to the very generous and anonymous donor who paid for the Fellowship Hall's new air-conditioner and heating unit. Both the LWML and the Trinity Tea Ladies had dedicated their current and future funds, raised from their various projects, for the payment of this unit. Since this wonderful donor beat us to the punch; we are now able to put this money toward the renovation of our kitchen. This gives us a big step forward, as well as, a cool room to use. You have made us all very happy! May the Lord continue to keep you in His care and provide His many blessings to you.

Our loving Thanks!
The Ladies of Trinity

THE INTER-FAITH ALLIANCE COOKBOOK is being prepared to be published soon. We would like to get as many pre-sale orders of the Cookbook as soon as possible. This will enable the Alliance committee to judge how many books to order, and also assist them in paying the first bill. If you wish to purchase a Cookbook, please fill out the form provided, make out a check to CAIFA (Cedar Area Interfaith Alliance) and give it to Lynette Webber or Diane Molnar. The Cookbooks should arrive by April.

OFFERINGS AND ATTENDANCE at

Trinity for the month of January were:

| <u>Date</u> | <u>Attendance</u> | <u>Income</u> |
|----------------------|-------------------|--------------------|
| 12/24 | 65 | \$ 476.00 |
| 12/25 | 15 | 140.00 |
| 12/27 | 45 | 1,039.00 |
| 1/3 | 67 | 1,296.00 |
| 1/10 | 62 | 982.00 |
| 1/17 | 60 | 1,137.00 |
| 1/24 | 70 | 1,229.00 |
| Avg. Sun. Attend: 60 | | Total: \$ 6,299.00 |

Last year our average Sunday attendance during the month of January was 51 each Sunday; we went up by 9 each Sunday this year. Our Candlelight Service attendance this year was 65; we went down by 27. Our Christmas Day Service attendance this year was 15; we went up by 2. Our income during the month of January last year was \$5,749.00; our income this year was \$550.00 more than last year. We got off to a good start in 2010, particularly with our attendance; this is one of the few times when we have averaged 60 people in Church on a regular Sunday. Let's keep our attendance up, as well as our offerings.

OUR BUILDING FUND PLEDGE has reached its third year. In other words, three years ago members of Trinity made a three year pledge to our Building Fund. How are you doing with your pledge? If you have not been keeping your pledge, obviously we are going to fall behind in our Building Fund assets. Maybe some of the new members of Trinity would like to make a pledge to our Building Fund. We have to pay \$1,800.00 every month to pay off the loan we took out to build our new addition. Please don't forget the Building Fund; it is a very important part of our ministry here in Cedar City.

OUR OBSERVANCE OF LENT begins on Ash Wednesday, which is February 17th this year. On Ash Wednesday the mark of

the cross will be put on everyone forehead. This mark is to signify that we are all repentant sinners. This six weeks of Lent is the time when we put ourselves before the cross to meditate on our sinfulness and how Christ has paid the full price of our sins by dying on the cross. Everyone is encourage to attend these six special Services. We will be considering the "Sign of Jonah" in our Lenten Services this year. Here is the schedule:

1st Week: God is calling

2nd Week: Saved in the storm

3rd Week: Our providing God

4th Week: Praying in the belly of the great fish.

5th Week: The God of the second chance

6th Week: About face

Please put yourself before the Cross this year.

SELF-DENIAL is something that many people practice during Lent. This means that you will deny yourself something that is very important in your life. This denial reminds us of the fact that our Lord gave up His life for us. You are encouraged not to deny yourself something that is easy to give up. like your homework, if you are attending school. You should deny yourself something that you really enjoy, make your denial hurt a little.

SOUP SUPPERS are always held during Lent. These Suppers give us an opportunity to fellowship with each other. A couple of families could get together to prepare the soup on a particular Wednesday. The Wednesdays available are on February 17th, 24th, March 3rd 10th, 17th and 24th Please sign up on the list provided in the Fellowship Hall for these Soup Suppers. You can choose any of the days listed above. Let's really have a great Lent this year. With a time for repentance, and also a time of fellowship together.

ALADIES VALENTINE DAY'S TEA

will be held on February 13th, a Saturday, at 1:00 in the afternoon. At this Tea at noted authority on Quilts will be the guest speaker. The ladies have also gathered a number of Quilts, which they will display for your viewing. If you do not have a ticket now, you might not be able to purchase a ticket. Diane Molnar is in charge of selling the tickets. Diane has informed us that they have seating for 82 people, and they have sold 84 tickets.

VOLUNTEERS are needed here at Trinity for various jobs. We need people to serve as **GREETERS** on Sunday morning. Matt Custer is the Elder who is responsible for getting **GREETERS**, so if you are willing to serve, then please contact Matt.

We also need **SCRIPTURE READERS** and **USHERS**. Please sign up on the list which Sunday you will be willing to do these things.

We need volunteers to put **FLOWERS** in the Church on Sunday morning. There is a **FLOWER CHART** hanging in the Fellowship Hall, please sign beside the date when you will be putting FLOWERS in the Church.

COOKIE MAKERS are being looked for at this time. This job is that you will make a dozen or so of cookies and deliver them to people who visit Trinity on Sunday mornings. If you are interested in undertaking this activity, then please talk with Alan Hoppes.

CHURCH COUNCIL MEETINGS will now be held on the Thursday after the first Sunday of every month. These Meetings will be held at 5:30 in the evening. Only Officers of the congregation are allowed to vote; but everybody is invited to attend these Meetings. If you are the head of a certain Committee and can not attend the Council

Meeting, then you must submit a written statement with any business you might want the Council to consider.

THE ECONOMY IS SO BAD THAT:

- I got a pre-declined credit card in the mail.
 - I ordered a burger at McDonald's and the kid behind the counter asked, "Can you afford fries with that?"
 - If the bank returns your check marked "Insufficient Funds," you call them and ask if they meant you or them.
 - Hot wheels stocks are trading higher than GM.
 - McDonald's is selling the 1/4 ounce burger.
- PARENTS IN Beverly Hills fired their nannies and have learned their children's names.
- A truckload of Americans was caught sneaking into Mexico.
 - Dick Cheney took his stockbroker hunting.
 - Nancy Pelosi has cut back to using only two USAF planes per trip.
 - Motel Six won't leave the light on anymore.
 - GE and Exxon-Mobil are laying off Congressmen.

"SPECKLES" THE SURVIVOR

In some ways my little Banty "Speckles," reminds me of our church, throughout history.

She has survived the predator that eliminated all my other Banty hens. You may remember from former articles that they were all killed by an unknown "assailant."

We have since moved the chicken yard and built a new chicken house where our dogs can "patrol" the area around it.

Now she lives in a house and yard with much larger chickens, (ten large hens and two large roosters.) Her comb was pecked in half by the larger birds. But she fought them off.

She holds her own. She is tough and emits a very loud squawk when threatened. As a special surprise, she even lays a little Banty egg occasionally. It's special because it is so unexpected. I think she is outstanding because she keeps on living and struggling among the larger birds.

You might say she shines.

Here is her picture.

Sharol Kleinschmidt



Our recipe this month is shared by Millie Jaster. We all know it just wouldn't be "Pot-Luck Sunday" without this delicious chili-cheese casserole waiting to tempt us.

CHILI RELLENO CASSEROLE

(or Millie's Chilis)

| | |
|--|--------------|
| 1 lb. grated Cheddar cheese | 4 large eggs |
| 1/2 lb. grated Monterey Jack cheese | 2 Tbsp flour |
| 2 large cans plus 1 small can green Ortega whole chili peppers | |
| 1 - 14 oz can evaporated milk | 1/2 tsp salt |

Line a 9 x 13 casserole with a layer of peppers (use 1 can.) Remove seeds and lay butterfly style (opened up.) Cover with almost all the grated cheese. Save a handful or so for top of casserole.

Layer the rest of the peppers on top of cheese. Beat milk, eggs, flour, and salt. Pour over casserole. Sprinkle remaining grated cheese on top and bake 45 min. uncovered at 350 degrees or until custard is set (a knife inserted in middle comes out clean.)



CORC invites you to
participate in
**Lutheran Day
at the Legislature**

Thursday, Feb. 11, 2010

The Coalition of Religious Communities urges you to commit to social justice by visiting the legislature on this special day and participating in the legislative process. On-the-spot training and materials provided.

Anyone interested in attending should meet in the Seagull Room of the Senate Building (East building in Capitol complex) at 9:00 am. Since parking is tight after 8:45, arrive early or take TRAX and then the #500 bus to the east entrance of the Capitol. The #500 bus is in the downtown freefare zone. Call Linda or Sarah at 801-364-7765 if you have questions.

If you cannot attend this CORC faith Day, join us for other Faith Days any Tuesday or Thursday between 1/28/10 and 2/25/10. On each date we meet at 9 a.m. in the Seagull Room of the Senate Building.

How would you like to make a difference?

- prevent an increase in the sales tax on food
- prevent cuts to Medicaid eligibility
- pass additional payday lending regulations

**It's fun • It's informative • It's easy
And you can make a difference!**

THE WOMEN'S BREAKFAST this month will be held at Sullivan's. This Breakfast is held on February 9th, a Tuesday, at 9:00 in the morning. All of the women of Trinity are invited to attend this fantastic opportunity for fellowship together.

THE FAITH ALLIANCE GROUP is working to become incorporated. They have appointed five members as their Board of Directors, Pastor will be serving a three year term. They have decided that each Church will only be allowed one vote.

THE.ELDERS have been assigned the families they will be serving in 2010. You should be getting a letter very soon, introducing you to your Elder. If there is anything that is concerning you about the Church or in your personal life, then please call your elder.

**WHAT JEFF FOXWORTHY HAD
TO SAY ABOUT UTAHNS!**

If your local Dairy Queen is closed from September to May, you live in Utah.

If someone in a Home Depot store offers you assistance and they don't work there, you live in Utah.

If you've had a lengthy phone conversation with someone who dialed the wrong number, you live in Utah.

If measure distance in hours, you live in Utah.

If you know several people who have hit a deer more than once, you live in Utah.

If you have switched from 'heat to 'A/C' and back again in the same day, you live in Utah.

If you install security lights on your house and garage but leave both unlocked, you live in Utah.

If the speed limit on the highway is 75 mph—you're going 80, and everyone is still passing you, you live in Utah.

If driving is better in the winter because the potholes are filled with snow, you live in Utah.

If you can drive 75 mph through 2 feet of snow during a raging blizzard without flinching, you live in Utah.

If you know all 4 seasons: almost winter, winter, still winter, and road construction, you live in Utah.

If you find 10 degrees 'a little chilly,' you live in Utah.

If you actually understand these jokes and forward them to all your friends, you live in Utah.